

**PATIENT POPULATION:** Percentage of patients 65 years of age and older who were screened for future fall risk

**DENOMINATOR:** Patients aged 65 years and older with a visit during the measurement period

**NUMERATOR COMPLIANCE:**

- » **Discussing Fall Risk:** The percentage of Medicare members 65 years of age and older who were seen by a practitioner in the past 12 months and who discussed falls or problems with balance or walking with their current practitioner.
- » **Managing Fall Risk:** The percentage of Medicare members 65 years of age and older who had a fall or had problems with balance or walking in the past 12 months, who were seen by a practitioner in the past 12 months and who received a recommendation for how to prevent falls or treat problems with balance or walking from their current practitioner.

**EXCLUSIONS:** Patients who are in hospice care for any part of the measurement period

**CODES**

CODE	DESCRIPTION
3288F	Falls Risk Assessment
Sudden, unintentional falls within the past year:	
1101F	0 to 1 fall without injury
1100F	1 fall with injury or 2 or more falls

**BEST PRACTICES**

- 1 Explain to patients why they should have a fall risk assessment:
  - » Minimize risk of falling or hurting yourself
  - » Maximize your ability to move and be active
  - » Maintain a healthy, independent life
- 2 Get background information about falls
- 3 Educate patients on fall prevention
- 4 Offer patients encouragement, resources, and referrals
- 5 Develop an individualized patient care plan
- 6 Make fall prevention part of your practice

