

PATIENT POPULATION: The percentage of members 18–75 years of age with diabetes (types 1 and 2) whose blood pressure (BP) was adequately controlled (<140/90 mm Hg) during the measurement year.

NUMERATOR COMPLIANCE: The most recent BP reading taken during the measurement year is <140/90.

- » The member is not compliant if there is no BP reading during the measurement year or if the reading is incomplete (e.g., the systolic or diastolic level is missing). “Unknown” is not considered a result/finding.
- » If there are multiple BPs on the same date of service, use the lowest systolic and lowest diastolic BP on that date as the representative BP.
- » Exclude BPs taken in an acute inpatient setting or during an ED visit.

BP readings taken by the member and documented in the member’s medical record are eligible for use in reporting (provided the BP does not meet any exclusion criteria). There is no requirement that there be evidence the BP was collected by a PCP or specialist.

DENOMINATOR:

- » Members 18-75 years of age with diabetes (types 1 and 2)

CODES

CODE	DESCRIPTION
G8752	Most recent systolic blood pressure < 140 mm Hg
G8754	Most recent diastolic blood pressure < 90 mm Hg
3079F	Diastolic 80-89 mm Hg
3078F	Diastolic less than 80 mm Hg
3074F	Systolic less than 130 mm Hg
3075F	Systolic 130-139 mm Hg

BEST PRACTICES

- 1** Outreach diabetic patients who need a blood pressure check this year, or who did not have adequate control at their last visit. Utilize care gap lists to identify non-compliant patients.
- 2** Perform additional blood pressure reading(s) during the visit if the first reading was high; the best diastolic reading can be combined with the best systolic reading for compliance.
- 3** Follow best practices for taking accurate blood pressure readings, i.e., use the proper cuff size, ensure the elbow is at the same level as the heart, wait until the patient has been resting comfortably for several minutes.
- 4** Educate patients on the risks of uncontrolled blood pressure, and counsel on medication adherence, healthy diet, and exercise.
- 5** ACN Hypertension and Diabetes Toolkits for patients.

Our care coordination team can provide patients with individualized support. To refer a patient please contact us:

602-406-7226 or
CareCoordination@azcarenetwork.org

