



**PATIENT POPULATION:** Women 67-85 years of age who suffered a fracture

**NUMERATOR COMPLIANCE:** Per HEDIS<sup>®1</sup>, women 67-85 years of age who suffered a fracture and who had either a bone mineral density (BMD) test or were prescribed a drug to treat osteoporosis within the 6 months following the fracture.

## EXCLUSIONS

- » Fractures of the finger, toe, face, and skull are not included in this measure
- » Patients who had a bone mineral density test within 24 months prior to the fracture
- » Patients who had a claim/encounter for osteoporosis therapy, OR who had an active or dispensed prescription within 12 months prior to the fracture

## DOCUMENTATION REQUIREMENTS

Evidence (date/result) of a completed Bone Mineral Density test or prescription for a drug to treat osteoporosis (i.e., medication name with date prescribed) within the 6 months following the fracture

- » Fractures from July 1 of the year prior to the measurement year through June 30 of the measurement year are included in performance
- » Osteoporosis Medications include: Alendronate (Binosto, Fosamax); Alendronate-cholecalciferol (Fosamax Plus D); Ibandronate (Boniva); Risedronate (Actonel, Atelvia); Zoledronic acid (Reclast); Abaloparatide (Tymlos); Denosumab (Prolia, Xgeva); Raloxifene (Evista); Romosozumab (Evenity); Teriparatide (Forteo)

## COMMON DOCUMENTATION INSUFFICIENCIES

- » Treatment with Calcium or Vitamin D does not meet intent of measure
- » Documentation that osteoporosis medications are not tolerated is not considered an exclusion
- » Referral for a bone mineral density test will not close this quality measure; results should be available in the EMR

## BEST PRACTICES

- 1 Upload BMD test results into your EMR and label clearly for easy identification.
- 2 Ensure workflows are in place to notify providers of patient eligibility for this measure; monitor HIE systems and/or ADT feeds for notification of ED or inpatient visits, and ask patients if they have experienced a fracture or a fall. Utilize ACN Provider Portal when chart prepping.
- 3 Complete fall risk assessments and osteoporosis screenings for women 65-75 years of age.
- 4 Make follow-up phone calls to patients who have experienced fractures. Utilize care gap lists to identify non-compliant patients.
- 5 Educate patients on the risks of osteoporosis, fall prevention strategies, and to notify your office if they experience a fracture.
- 6 Our care coordination team can provide patients with individualized support. To refer a patient please contact us: 602-406-7226 or 855-218-3451 [CareCoordination@azcarenetwork.org](mailto:CareCoordination@azcarenetwork.org)



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<sup>1</sup>HEDIS<sup>®</sup> stands for Healthcare Effectiveness Data and Information Set and is a registered trademark of the National Committee for Quality Assurance (NCQA)