

**PATIENT POPULATION:** Patients 18 years of age or older during the measurement year who were hospitalized and discharged at some point from July 1 of the year prior to the measurement year through June 30th of the measurement year with a diagnosis of Acute Myocardial Infarction (AMI).

**NUMERATOR COMPLIANCE:** Patients who received persistent beta-blocker treatment for six months after discharge from the AMI event. Compliance is measured by at least 135 days of covered with beta-blocker prescription during the six month post-discharge measurement interval.

- » If a member has more than one episode of AMI during this measurement period, only the first discharge is assessed for compliance.

## DOCUMENTATION REQUIREMENTS

Measure performance data is collected from Prescription Drug Event (PDE) data.

- » Document any intolerance or allergies to beta-blocker therapy
- » For patients on beta-blockers prior to admission, those prescriptions are factored into adherence rates

### Included Beta-Blockers:

DESCRIPTION	PRESCRIPTION
Noncardioselective beta-blockers	Carvedilol, Labetalol, Nadolol, Pindolol, Propranolol, Timolol, Sotalol
Cardioselective beta-blockers	Acebutolol, Atenolol, Betaxolol, Bisoprolol, Metoprolol, Nebivolol
Antihypertensive combinations	Atenolol-chlorthalidone, Bendroflumethiazide-nadolol, Bisoprolol-hydrochlorothiazide, Hydrochlorothiazide-metoprolol, Hydrochlorothiazide-propranolol

## BEST PRACTICES

- 1 Outreach patients with prescriptions that have not been filled.
- 2 Educate patients on the risks of not taking their medication. Discuss any potential side effects and management tips.
- 3 Discuss any barriers to medication adherence. Advise on use of pill boxes and setting reminder alarms to help patients remember to take their medications.
- 4 Utilize or distribute ACN cost-saving resource for medications to assist patients minimize cost, including: providing patients with 90-day prescriptions, prescribing generics, and using savings or assistance programs (i.e., GoodRx, Blink Health).
- 5 Our care coordination team can provide patients with individualized support. To refer a patient please contact us:

602-406-7226 or 855-218-3451  
[CareCoordination@azcarenetwork.org](mailto:CareCoordination@azcarenetwork.org)