Medication Adherence: Hypertension

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Arizona Care Network

PATIENT POPULATION: Patients 18 years of age or older with Medicare Part D coverage and a prescription for a blood pressure medication.

Blood pressure medication is defined as an ACE (angiotensin converting >> enzyme) inhibitor, or an ARB (angiotensin receptor blocker), or a direct renin inhibitor drug.

NUMERATOR COMPLIANCE: Patients who filled their

prescription often enough to cover 80% or more of the time they are supposed to be taking the medication.

EXCLUSIONS

- One or more prescriptions for sacubitril/valsartan >>
- Diagnosis of end-stage kidney disease »
- Member in hospice »

DOCUMENTATION REQUIREMENTS

Measure performance data is collected from Prescription Drug Event (PDE) data.

Included Medications:

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DESCRIPTION	PRESCRIPTION	4
Angiotensin converting enzyme inhibitors (ACE-I)	Benazepril, Enalapril, Lisinopril, Perindopril, Ramipril, Captopril, Fosinopril, Moexipril, Quinapril, Trandolapril	
Angiotensin II inhibitors (ARB)	Azilsartan, Eprosartan, Losartan, Telmisartan, Candesartan, Irbesartan, Olmesartan, Valsartan	
Direct Renin inhibitor	Enalkiren, Remikiren, Aliskiren	5
Antihypertensive combinations	Amlodipine-benazepril, Amlodipine-hydrochlorothiazide-val- sartan, Amlodipine-hydrochlorothiazide- olmesartan, Am- lodipine-olmesartan, Alodipine-perindorpil, Amlodipine-tel- misartan, Amlodipine-valsartan, Azilsartan-chlorthalidone, Benazepril-hydrochlorothiazide, Candesartan-hydrochlo- rothiazide, Captopril-hydrochlorothiazide, Enalapril-hydro- chlorothiazide, Fosinopril-hydrochlorothiazide, Hydro- chlorothiazide-irbesartan, Hydrochlorothiazide-lisinopril, Hydrochlorothiazide-losartan, Hydrochlorothiazide-mo- exipril, Hydrochlorothiazide-olmesartan, Hydrochlo- rothiazide-quinapril, Hydrochlorothiazide-telmisartan, Hydrochlorothiazide-valsartan, Nebivolol-valsartan, Sacubitril-valsartan, Trandolapril-verapamil	602 Care

BEST PRACTICES

Outreach patients with blood pressure prescriptions that have not been filled. Utilize care gap lists to identify non-compliant patients.

- Educate patients on the risks of not taking their medication and the benefits of lifestyle changes. Discuss any potential side effects and management tips.
 - Discuss any barriers to medication adherence. Advise on use of pill boxes and setting reminder alarms to help patients remember to take their medications.
 - Utilize or distribute ACN ost-saving resource for medications to assist patients minimize cost, including: providing patients with 90-day prescriptions, prescribing generics, and using savings or assistance programs (i.e., GoodRx, Blink Health).
 - Our care coordination team can provide patients with individualized support. To refer a patient please contact us:

2-406-7226 or 855-218-3451 eCoordination@azcarenetwork.org



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