

## Arizona COVID-19 cases

The Arizona Department of Health Services has reported 202,861 positive COVID-19 cases and 134,346 cases in Maricopa County as of Sept. 2, 2020. Out of the 1,480,758 COVID-19 tests completed to date in Arizona, 11.5% have tested positive for the virus. Percent positive is the number of people with a positive test result, out of all the people COVID-19 tested completed in Arizona.

In Maricopa County, 14,154 patients (11%) have been admitted to a hospital and 1,265 (1%) admitted to an ICU since the county began collecting data on Jan. 22.

## Wellbeing resources on Abrazo intranet



**Employee Wellbeing Resources**

**Resource Offerings for Employees and Medical Staff**

For those who may find it helpful, please find resources for employee and physician wellness linked here. Thank you for your tireless efforts on behalf of our hospitals and communities.

more >>

The Intranet home page now includes a link to a downloadable “Abrazo Wellbeing Resources” brochure. The booklet offers numerous resources for stress and anxiety management, dealing with grief and loss, suicide prevention and more. Log into the Intranet then click on the icon on the home page to access the brochure.

## Abrazo in the news

Abrazo has been in the news recently for a variety of positive stories. We’re always looking for good story ideas! Click on the links below for some of the coverage:

<https://northcentralnews.net/2020/healthy-living/abrazo-hospitals-honored-for-stroke-treatment/>

[https://issuu.com/citysuntimes/docs/cfcc\\_september\\_2020\\_issue\\_cst/7](https://issuu.com/citysuntimes/docs/cfcc_september_2020_issue_cst/7)

[https://paradisevalleyindependent-az.newsmemory.com?publink=11050733c\\_134379e](https://paradisevalleyindependent-az.newsmemory.com?publink=11050733c_134379e)

[https://www.glendalestar.com/news/article\\_7d0f8a32-e7d8-11ea-a12f-d7d9e7026980.html](https://www.glendalestar.com/news/article_7d0f8a32-e7d8-11ea-a12f-d7d9e7026980.html)

<https://northcentralnews.net/2020/community/local-nurses-receive-care-packages-from-ny/>

Do you have news to share? Talk with your manager or supervisor, who can contact Communications Manager Keith Jones for follow up. The information may be used for a press release, media story or internal communication.

## From Maricopa County Public Health:



We know that most people recover from COVID-19, but we don't fully understand how the virus might impact them in the long-term. A report from the CDC earlier this summer suggests that some people—including those with mild illness—experience symptoms of COVID-19 for several weeks after their diagnosis.

35% of those surveyed by the agency said they still weren't back to their usual good health two to three weeks after testing positive for the disease. Older adult and people with chronic health conditions tend to have longer-lasting symptoms, but even among young adults (aged 18-34), 20% had not returned to normal health two to three weeks after testing positive for COVID-19.

The best way to avoid getting the virus is to limit your exposure by staying home when possible, keeping six feet of distance from others in public, and wearing a well-fitted mask when away from home, when around others who do not live with you, and when you can't maintain physical distance.

#### **Incident Command email**

Do you have a suggestion or feedback related to the hospital's pandemic response? Please email questions or suggestions to [IncidentCommand@abrazohealth.com](mailto:IncidentCommand@abrazohealth.com). Your message will be routed to the appropriate person to evaluate and respond.