

**PATIENT POPULATION:** Patients during the measurement year or the year prior with clinical atherosclerotic disease (ASCVD) **AND/OR** diabetes. Current statin therapy recommendations for these conditions are:

CONDITION	AGE RANGE	STATIN INTENSITY
ASCVD	Males 21-75 years of age Females 40-75 years of age	High- or moderate- intensity
Diabetes	Males and Females 40-75 years of age	Any intensity

» Patients with diabetes AND atherosclerotic cardiovascular disease follow the ASCVD recommendations.

**NUMERATOR COMPLIANCE:** Patients who adhered to statin therapy, dispensing at least one statin medication of appropriate intensity during the measurement year, and remaining on this medication for at least 80% of the treatment period.

### EXCLUSIONS

- » Females with: a diagnosis of pregnancy, OR receiving in vitro fertilization services, OR dispensed at least one prescription for clomiphene during the measurement year or year prior
- » End Stage Renal Disease, Dialysis, or Cirrhosis during the measurement year or the year prior to the measurement year.
- » Myalgia, myositis, myopathy, or rhabdomyolysis during the measurement year.

### DOCUMENTATION REQUIREMENTS

A diagnosis of ASCVD and/or diabetes during the measurement year or year prior, and pharmacy claims for dispensing a statin medication of appropriate intensity for at least 80% of the time from prescription start.

#### Included Statins:

STATIN	HIGH-OR-MODERATE INTENSITY	LOW INTENSITY
Atorvastatin	40-80 mg or 10-20 mg	
Amlodipine-atorvastatin	40-80 mg or 10-20 mg	
Rosuvastatin	20-40 mg or 5-10 mg	
Simvastatin	80 mg or 20-40 mg	5-10 mg
Ezetimibe-simvastatin	80 mg or 20-40 mg	
Pravastatin	40-80 mg	10-20 mg
Lovastatin	40 mg	10-20 mg
Fluvastatin	40-80 mg	20 mg
Pitavastatin	1-4 mg	

### BEST PRACTICES

- 1 Outreach patients with statin prescriptions that have not been filled. Utilize care gap lists to identify non-compliant patients.
- 2 Educate patients on the risks of not taking statins, the myths surrounding statin therapy, and the benefits of lifestyle changes. Discuss any potential side effects and management tips. For patients with previous statin intolerance, consider trying a different statin.
- 3 Discuss any barriers to medication adherence. Advise on use of pill boxes and setting reminder alarms to help patients remember to take their medications.
- 4 Utilize or distribute ACN [cost-saving resource](#) for medications to assist patients minimize cost, including: providing patients with 90-day prescriptions, prescribing generics, and using savings or assistance programs (i.e., GoodRx, Blink Health).
- 5 Our care coordination team can provide patients with individualized support. To refer a patient please contact us:

(602) 406-7226

CareCoordination@azcarenetwork.org



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