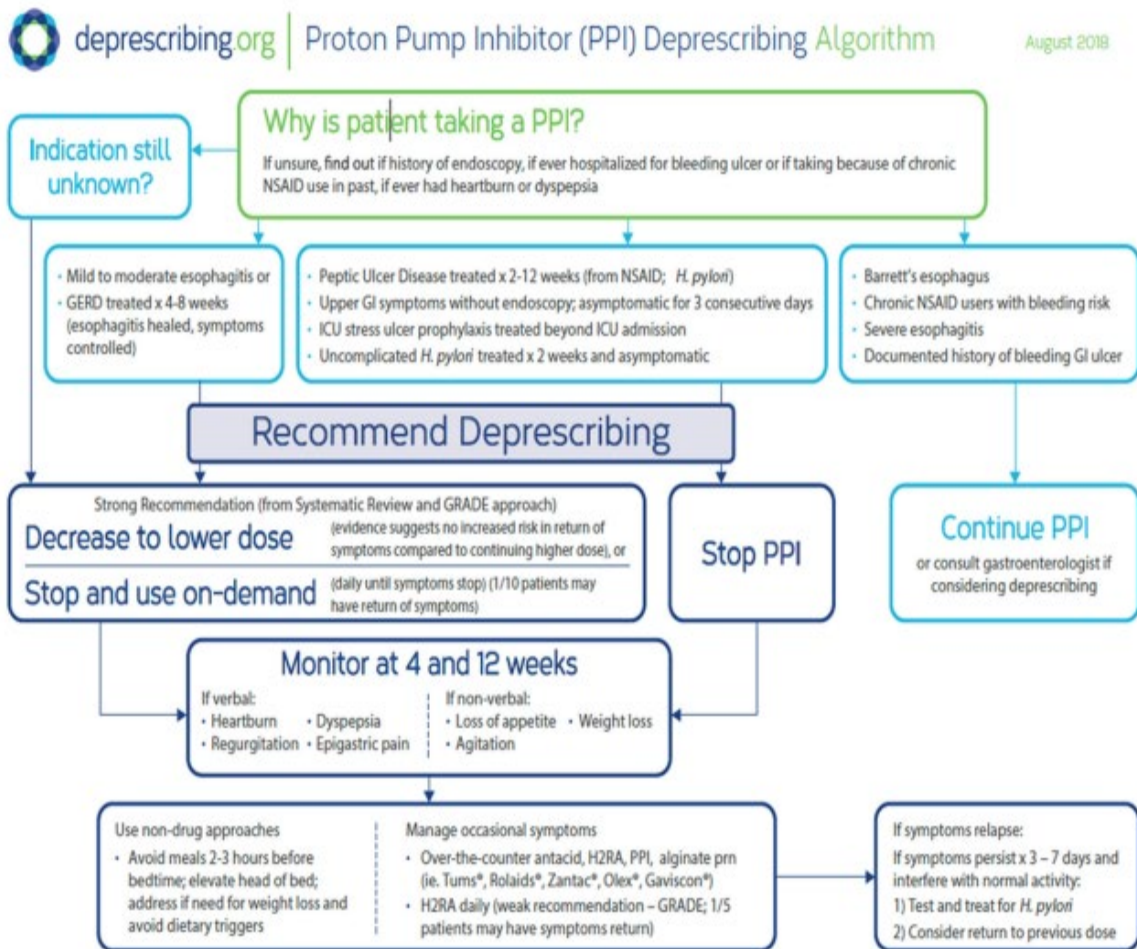


Proton Pump Inhibitors (PPI)

Indications for Long-Term PPI use (>8 weeks)	Potential Risks of Long-Term Use
<ul style="list-style-type: none"> Barrett's esophagus Erosive esophagitis Severe GERD requiring maintenance 	<ul style="list-style-type: none"> C. difficile infection Fractures (hip, wrist, spine) Vitamin/mineral deficiencies Chronic kidney disease Possible dementia link



Source: American College of Gastroenterology

Tip: Use of PPI longer than 6 months poses risk of symptom-related gastric acid hypersecretion, requiring a slower taper following asymptomatic symptoms for 8 weeks.