

# 5 TIPS TO SAVE MONEY ON YOUR MEDICATIONS

Medication cost is a stressor for many people. Use the tips below to start saving money on your prescriptions. *Always* talk to your doctor before making any changes to your medications.



## 1 USE GENERIC MEDICATIONS

Ask your doctor about switching to generic medications.

### Benefits include:

- » Less expensive (85% cheaper on average)
- » Equally as effective
- » More options available
- » Typically well-stocked at the pharmacy

## 2 ASK FOR A 90-DAY SUPPLY



Most health insurance benefits now include the option to buy a 90-day supply of your medications, which is often less expensive than purchasing a 30-day supply.

## 3 MEDICATION SAVINGS TOOLS

Free, online savings tools that provide prescription coupons for purchasing medications in cash.<sup>1</sup>

» [GoodRx](#)

» [Blink Health](#)



## 4 SHOP AROUND FOR DIRECT SAVINGS

- » **Costco:** Exclusive discounts when paying cash
- » **Walmart:** \$4 / 30-day supply and \$10 / 90-day supply on select medications
- » **Walgreens:** Prescription savings club members get discounts on select medications
- » **Sam's Club:** Extra discounts available for Sam's Plus members on select medications
- » **Local pharmacy:** Call to ask for the cash price, which may be less than your copay

## 5 ASSISTANCE PROGRAMS

If eligible, offers free or reduced copays for medications if you need assistance.<sup>2</sup>

- » **AACE Prescription Directory:** Find programs to assist with endocrine related medications
- » **BenefitsCheckUp:** Assistance programs for seniors
- » **NeedyMeds:** Includes most patient assistance programs
- » **Medication Assistance Tool:** Online tool that evaluates your background to identify which assistance programs you qualify for

## Questions About Your Medications?

Contact our care coordination team, part of your healthcare team.

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Arizona Care Network

