

**PATIENT POPULATION:** Patients 18 years of age or older with Medicare Part D coverage and a prescription for a blood pressure medication.

- » Blood pressure medication is defined as an ACE (angiotensin converting enzyme) inhibitor, or an ARB (angiotensin receptor blocker), or a direct renin inhibitor drug.

**NUMERATOR COMPLIANCE:** Patients who filled their prescription often enough to cover 80% or more of the time they are supposed to be taking the medication.

### EXCLUSIONS

- » One or more prescriptions for sacubitril/valsartan
- » Diagnosis of end-stage kidney disease
- » Member in hospice

### DOCUMENTATION REQUIREMENTS

Measure performance data is collected from Prescription Drug Event (PDE) data.

### Included Medications:

DESCRIPTION	PRESCRIPTION
Angiotensin converting enzyme inhibitors (ACE-I)	Benazepril, Enalapril, Lisinopril, Perindopril, Ramipril, Captopril, Fosinopril, Moexipril, Quinapril, Trandolapril
Angiotensin II inhibitors (ARB)	Azilsartan, Eprosartan, Losartan, Telmisartan, Candesartan, Irbesartan, Olmesartan, Valsartan
Direct Renin inhibitor	Enalkiren, Remikiren, Aliskiren
Antihypertensive combinations	Amlodipine-benazepril, Amlodipine-hydrochlorothiazide-valsartan, Amlodipine-hydrochlorothiazide-olmesartan, Amlodipine-olmesartan, Amlodipine-perindopril, Amlodipine-telmisartan, Amlodipine-valsartan, Azilsartan-chlorthalidone, Benazepril-hydrochlorothiazide, Candesartan-hydrochlorothiazide, Captopril-hydrochlorothiazide, Enalapril-hydrochlorothiazide, Fosinopril-hydrochlorothiazide, Hydrochlorothiazide-irbesartan, Hydrochlorothiazide-lisinopril, Hydrochlorothiazide-losartan, Hydrochlorothiazide-moexipril, Hydrochlorothiazide-olmesartan, Hydrochlorothiazide-quinapril, Hydrochlorothiazide-telmisartan, Hydrochlorothiazide-valsartan, Nebivolol-valsartan, Sacubitril-valsartan, Trandolapril-verapamil

### BEST PRACTICES

- 1 Outreach patients with blood pressure prescriptions that have not been filled. Utilize care gap lists to identify non-compliant patients.
- 2 Educate patients on the risks of not taking their medication and the benefits of lifestyle changes. Discuss any potential side effects and management tips.
- 3 Discuss any barriers to medication adherence. Advise on use of pill boxes and setting reminder alarms to help patients remember to take their medications.
- 4 Utilize or distribute ACN [cost-saving resource](#) for medications to assist patients minimize cost, including: providing patients with 90-day prescriptions, prescribing generics, and using savings or assistance programs (i.e., GoodRx, Blink Health).
- 5 Our Care Coordination team can provide patients with individualized support. To refer a patient please contact us:

(602) 406-7226

CareCoordination@azcarenetwork.org



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