

PATIENT POPULATION: The percentage of adolescent patients 12 to 17 years of age and adult patients 18 years of age or older with major depression or dysthymia who reached remission 12 months (+/- 60 days) after an index event date.

An initial PHQ-9 or PHQ-9M score greater than nine during the index event who reached remission at twelve months as demonstrated by a twelve month (+/-60 days) PHQ-9 or PHQ-9M score of less than 5 (Remission)

NUMERATOR COMPLIANCE: Patients who reached remission at twelve months as demonstrated by a twelve month (+/-60 days) PHQ-9 or PHQ-9M score of less than 5 (G9509)

DENOMINATOR:

- » Eligible patients with a diagnosis of major depression or dysthymia and an initial PHQ-9 or PHQ-9M score greater than nine

EXCLUSIONS:

- » Patients with an active diagnosis of bipolar disorder, personality disorder, pervasive developmental disorder, schizophrenia, or psychotic disorder
- » Patients who died any time prior to the end of the measure assessment period
- » Patients who received hospice or palliative care service
 - » The following code would be sufficient to define hospice or palliative care: Z51.5
- » Patients who were permanent nursing home residents

BEST PRACTICES

- 1** Patients 12 years of age and older should be screened for depression at least annually
- 2** Screening should be coupled with appropriate follow-up and treatment when indicated
- 3** Our Care Coordination team can provide patients with individualized support. To refer a patient please contact us:
(602) 406-7226
CareCoordination@azcarenetwork.org

