



Biosimilars: Humira

Key Clinical Information:

- Biosimilars undergo comprehensive analytical, preclinical, and clinical studies to confirm similarity to Humira.
- FDA-approved biosimilars meet stringent regulatory standards for safety, efficacy, and immunogenicity.
- They offer a lower-cost alternative without compromising therapeutic outcomes.

10 FDA Approved Humira Biosimilars:

- Abrilada (Adalimumab-afzb)
- Amjevita (Adalimumab-atto)
- Cyltezo (Adalimumab-adbm)
- Hadlima (Adalimumab-bwwd)
- Hulio (Adalimumab-fkjp)
- Hyrimoz (Adalimumab-adaz)
- Idacio (Adalimumab-aacf)
- Simlandi (Adalimumab-ryvk)
- Yuflyma (Adalimumab-aaty)
- Yusimry (Adalimumab-aqvh)

Benefits and Clinical Considerations of Humira Biosimilars:

- **Efficacy & Safety:** No clinically meaningful differences in efficacy, mechanism of action, or therapeutic use. Biosimilars demonstrated comparable safety profile with a low risk of immunogenic response.
- **Interchangeability:** Some biosimilars may have interchangeability status, meaning they can be substituted without prescriber intervention.
- **Cost Benefits:** Reduced cost compared to Humira, improving patient access and affordability.
- **Insurance & Reimbursement:** Many insurance plans are shifting toward biosimilars, potentially requiring a prior authorization for Humira.
- **Administration:** Humira biosimilars use the same subcutaneous injection route; some may contain citrate-free formulations for less pain.
- **Patient Counseling:** Address concerns about effectiveness, switching concerns, and administration differences.

Prescribing Guidance:

- Confirm formulary coverage with payers.
- Educate patients on the equivalency of biosimilars.
- Monitor patient response similarly to Humira.
- Reinforce that biosimilars maintain the same safety and efficacy standards.



Biosimilars Patient-Facing One-Pager

What is a Biosimilar? A biosimilar is a medication designed to work the same way as Humira (adalimumab) but may be more affordable. The FDA has approved 10 Humira biosimilars, all proven to be just as safe and effective for treating conditions such as arthritis, Crohn's disease, and psoriasis.

What is Humira Biosimilars used for?

- It is used to treat some types of **arthritis**.
- It is used to treat **Crohn's disease**.
- It is used to treat **ankylosing spondylitis**.
- It is used to treat **plaque psoriasis**.
- It is used to treat **ulcerative colitis**.
- It is used to treat a skin problem called **hidradenitis suppurativa**.
- It is used to treat **uveitis**.
- It may be given to you for other reasons. Talk with the doctor.

Why Switch to a Biosimilar?

- **Same Effectiveness:** Works the same way as Humira with no difference in treatment results.
- **Same Safety Profile:** Meets the same FDA standards for safety and effectiveness.
- **More Affordable:** Biosimilars cost less, which may help reduce out-of-pocket expenses and improve access to medication.
- **Same Injection Method:** Biosimilars are given the same way as Humira.

What to Expect When Switching:

- Your healthcare provider will guide you in transitioning smoothly.
- You will use the same type of injection as Humira.
- Your doctor will monitor your response to ensure it works just as well.
- There may be slight differences in packaging and appearance, but the medication works the same.

Common Questions & Concerns

- **Will it work the same?** Yes, it has been tested and approved to work the same as Humira.
- **Will my insurance cover it?** Many insurance plans cover biosimilars, often at a lower cost.
- **Will I need a new prescription?** Yes, but your doctor will handle this process for you.
- **Is it safe to switch?** Yes, biosimilars undergo strict testing to ensure they are as safe and effective as Humira.

Talk to Your Doctor:

If you have concerns about switching to a biosimilar, discuss them with your healthcare provider. They can provide personalized guidance to ensure you receive the best treatment for your condition.