



## Biosimilars: Humira

### What is a Biosimilar?

A **biosimilar** is a medication designed to work the same way as Humira (adalimumab) but may be more affordable. The FDA has approved **10 Humira biosimilars**, all proven to be just as safe and effective for treating conditions such as arthritis, Crohn's disease, and psoriasis.

### What is Humira Biosimilars used for?

- It is used to treat some types of **arthritis**.
- It is used to treat **Crohn's disease**.
- It is used to treat **ankylosing spondylitis**.
- It is used to treat **plaque psoriasis**.
- It is used to treat **ulcerative colitis**.
- It is used to treat a skin problem called **hidradenitis suppurativa**.
- It is used to treat **uveitis**.
- It may be given to you for other reasons. Talk with the doctor.

### Why Switch to a Biosimilar?

- **Same Effectiveness:** Works the same way as Humira with no difference in treatment results.
- **Same Safety Profile:** Meets the same FDA standards for safety and effectiveness.
- **More Affordable:** Biosimilars cost less, which may help reduce out-of-pocket expenses and improve access to medication.
- **Same Injection Method:** Biosimilars are given the same way as Humira.

### What to Expect When Switching:

- Your healthcare provider will guide you in transitioning smoothly.
- You will use the same type of injection as Humira.
- Your doctor will monitor your response to ensure it works just as well.
- There may be slight differences in packaging and appearance, but the medication is identical.

### Common Questions & Concerns:

- **Will it work the same? Yes,** it has been tested and approved to work the same as Humira.
- **Will my insurance cover it?** Many insurance plans cover biosimilars, often at a lower cost.
- **Will I need a new prescription? Yes,** but your doctor will handle this process for you.
- **Is it safe to switch?** Yes, biosimilars undergo strict testing to ensure they are as safe and effective as Humira.

**Talk to Your Doctor** if you have concerns about switching to a biosimilar. They can provide personalized guidance to ensure you receive the best treatment for your condition.