

ACN Guide to Community Resources

Better healthcare starts with a better care model. ACN Care Coordination goes beyond care delivery and includes connections to community resources that can help support health and wellbeing.

Fire Department Non-Emergency Numbers

- **Mesa** 480-644-2400
- **Chandler** 480-253-1191
- **Tempe** 480-967-7511
- **Gilbert** 480-503-6500
- **Scottsdale** 480-312-8911
- **Phoenix** 602-495-5555
- **Glendale** 623-930-3000
- **Peoria** 623-773-8311
- **Avondale** 623-333-7001
- **Goodyear** 623-932-1220
- **Surprise** 623-222-4000

Food

- **AZCEND**
480-963-1423
345 S. California St.
Chandler, AZ 85225
- **Borderlands Produce Rescue Program**
(\$10 for 60lbs of produce):
520-287-2627
- **Matthew's Crossing Food Bank**
480-857-2296
1368 N. Arizona Ave., Ste 112
Chandler, AZ 85225
- **Paz de Cristo**
480-464-2370
(Dinner daily @ 5:45pm; food bank every 2nd Tuesday 11am-2pm & 4th Saturday)
- **Salvation Army**
602-267-4100
- **St. Mary's Food Bank**
Chandler: 480-814-7778
Surprise, Phoenix (43rd Ave), and Glendale: 602-242-3663

Home Delivered Meals

- **Gilbert Senior Center's Home Delivered Meals Program** 480-503-6061.
Nutritionally balanced daily meals provided Monday through Friday for Gilbert's senior citizens and disabled residents. Call the Gilbert Senior Center for more details. \$5.00 a meal.
- **City of Phoenix Senior Services** 602-262-7379
200 Washington, 17th Floor
Phoenix, AZ 85003
(888) 783-7500



Home Delivered Meals (cont.)

- **Elderly Nutrition Program-Home Delivered Meals Area Agency on Aging Region I, Inc.**
1366 East Thomas Road, Suite 108
Phoenix, AZ 85014
(888) 783-7500
(602) 264-4357
TTY/TDD: (602) 241-6110
Fax: (602) 230-9132
aaaphx.org
- **Inter-Tribal Council of Arizona** 602-258-4822
2214 N. Central Avenue Suite 100
Phoenix, AZ 85004

Compulsive Hoarding

- **Arizona Hoarding Task Force** 623-251-3508 or 623-500-3022
azhoarding.com
- **Clutterer's Anonymous** 866-402-6685
- **International OCD Foundation** 617-973-5801
iocdf.org
- **Crisis Response Team** 602-222-9444
PO Box 5002
Tempe, AZ 85280

Utility & Rental Assistance

- **Pilgrim Rest Foundation** 602-258-0831 | pilgrimrestphx.org
1401 E. Jefferson St., Phoenix, AZ 85034
Applications must be submitted in person
Open Monday - Thursday, 10 am - 4 pm
- **John F. Long Family Services Center** 602-262-6510 | phoenix.gov
3454 N. 51st Ave., Phoenix, AZ 85031
Must call Monday at 8 am to schedule an appointment
- **Travis Family Services Center** 602-534-4732
4732 S. Central Ave., Phoenix, AZ 85040
Must call Monday at 8 am to schedule an appointment



HUD Housing

- **U.S. Department of Housing and Urban Development (HUD)** 602-379-4461 (Senior Low Income Application and Listing)
- **Maricopa Housing Authority** 602-744-4500
- **Glendale Community Housing Service** 623-930-2180
- **Peoria Housing** 623-486-4375
- **City of Phoenix Housing** 602-534-1974

Social Services-CAP offices:

Community Action Agencies provide utility and mortgage assistance, eviction or foreclosure prevention assistance, rental deposits, emergency shelter, food boxes/ other food and nutritional programs, and much more. CAA's were originally created through the Economic Opportunity Act of 1964 and now provide services to more than 150,000 people annually. Find the agency closest to you to access resources near you:

- **Phoenix:** 602-534-2433
- **Glendale:** 623-930-2854
- **Peoria:** 623-979-3911
- **Mesa:** 480-833-9200
- **Chandler:** 480-963-1423 x118
- **Gilbert:** 480-892-5331
- **Avondale:** 623-333-2707
- **Tolleson:** 623-936-2760
- **Buckeye:** 623-386-2588
- **DES Family Assistance Administration and Information Line:** 855-432-7587
- **Division of Developmental Disabilities:** 855-432-7587
- **Adult Protective Services (APS):** 877-767-2385
- **Suicide Crisis Hotline:** 800-631-1314
- **Southwest Network:** 602-222-9444 Hotline or 800-631-1314
- **Warmline:** 602-347-1100



Step By Step Senior Solutions

480-376-0730

info@stepbystepseniorsolutions.com

Services Offered:

- Senior Healthcare/Elder Advisors
- Adult & Senior Placement/Relocation Services
- Complete In Home Care Support Services
- Mediation & Resolution Advisors
- Dementia Care Advisors
- ALTCS Services/POA & MPOA preparation/MSW Consultants
- Hospice & Palliative Educators/Consultants
- Group Home & Assisted Living Home Consultants
- Independent Living, Assisted Living Center, Nursing Home, Memory Care & CCRC Consultants

Community Information and Referral Services

Transforms lives by linking individuals and families to vital community services throughout Arizona.

877-211-8661

211arizona.org

Senior Life Style Solutions

Request your home visit to further discuss qualifications to help minimize the cost of the following: Senior Health Insurance, Dental and other Supplemental Products; Life Insurance and Funeral Planning Assistance and At-Home Care Options, Annuities and Retirement Planning

Office: 602-375-2400



Alternative Transportation

The City of Phoenix provides alternative transportation for people with disabilities and older adults through its taxicab subsidy programs. Taxicab programs allow more flexibility for senior citizens and Americans with Disabilities Act (ADA) passengers, allowing them to plan trips based on their schedule.

For more information on the City of Phoenix's alternative transportation programs, call MV Transportation at 602.801.1160.

The transportation programs available to passengers in the Phoenix area are listed below.

ADA Cab ADA Cab provides taxi vouchers for people with disabilities to travel wherever they choose. Participants must be Phoenix residents and ADA-certified to participate. There is no age restriction on this program.

Senior Cab The Senior Cab program provides taxi vouchers for Phoenix residents age 65 and older, to travel wherever they choose. Vouchers are sold in different amounts and provide about a 60 to 70% savings.

Senior Center Shuttle This program provides members of Phoenix's senior centers flexible transportation through the use of taxi service between their personal residence and their nearest senior center during operating hours. Passengers should sign up for the service at their senior center.

Work Trip Work trip vouchers support travel to and from jobs for people with disabilities. The pick-up location and destination are pre-printed on the voucher and pick up times are set in advance.

Dialysis Trip Dialysis trip vouchers support travel to and from medical centers for ongoing dialysis treatment.

Travelers/Transient Aid

- **St. Vincent de Paul:** 602-267-6852
- **Duet (once per week):** 602-274-5022
- **Arizona Bridge to Independent Living (ABIL):** 602-256-2245
- **American Red Cross:** 602-336-6660
- **Salvation Army:** 602-267-4122



Additional Resources from Dignity Health

Homeless Shelters and Resource Centers:

Family Housing Hub: 602-595-8700

Single Person Seeking Shelter: 602-229-5155

Arizona Shelter Services: 602-256-6945

Homebase: 602-263-5531

Church on the Street (men only): 602-447-0259

East Valley Men's Shelter: 480-610-6722

East Valley Women's Shelter: 480-969-1691

La Mesita (families): 480-834-8723

Lodestar Day Resource Center: 602-393-9930

Maggie's Place: 602-246-3724

Veteran's Community Resource Center: 602-248-6040

Safe Families for Children: 602-392-2720

House of Refuge - Mesa: 480-988-9242

Gift of Mary Men's Shelter: 602-254-8424

Child Crisis Arizona (0-8 years old): 602-273-7364

Home Base Youth Services (18-24 years old): 602-254-3247

UMOM New Day Center (12-17 years old): 602-841-5799 (24-hour line)

I-HELP

Tempe Community Action Agency: 480-422-8922

Mesa: 480-684-0645

- Picks up at Paz de Cristo (424 W. Broadway)
- Must call first
- Women only

Chandler: 480-963-1423 x112

- Picks up Sunday through Tuesday
- Chandler Community Center (345 S. California St.)



Additional Resources from Dignity Health (cont.)

Domestic Violence Shelters and Resources:

BLOOM365 School-Based Mobile Advocacy: 1-866-606-HOPE (4673)

DV Centralized Screening: 480-890-3039

- Screens for multiple domestic violence shelters

Eve's Place Mobile Advocacy Program: 623-537-5380

Shelter Without Walls: 602-452-4640

Medical

Circle the City: 602-776-9000

- Homeless medical respite center

Mission of Mercy Health: 602-253-0090

NOAH Clinics Street Medicine Phoenix: 602-253-0090

A Mission of Mercy Arizona: 602-861-2233

CAN Community Health: 602-661-0666

Mountain Park Health Center: 602-243-7277

Terros Health: 602-685-6000

Valleywise Health: 833-855-9973

Adelante Healthcare: 877-809-5092



Additional Resources from Dignity Health (cont.)

Mental Health

BLOOM365 Intervention Services to Prevent & Respond to Youth Perpetrating Violence:

- Ages 11-24 years old
- 1-888-606-HOPE (4673)

PATH - Outreach: 1-844-691-5948

HOPE - Tempe: 480-858-7993

The Urgent Psychiatric Care Center (UPC): 602-416-7600

Family Involvement Center: 602-288-0155

Other Crisis Services:

BLOOM365 Helpline & Drop In Crisis Counseling: 1-888-606-HOPE (4673)

- Ages 11-24 years old

Crisis Response Network: 602-222-9444

- Crisis line for mental health

Warm Line - Peer Support: 602-347-1100

Community Bridges: 1-877-931-9142

- Substance abuse & mental health resources

Sexual Assault Hotline - Trauma Healing Services: 480-736-4949

Suicide Hotline - EMPACT: 480-784-1500

Teen Lifeline: 602-248-TEEN (8336)



Additional Resources from Dignity Health (cont.)

Meals, Showers, Clothing, Basic Needs, Etc.

Paz de Cristo: 480-464-2370

- Meals, showers, blankets, clothing, job program, nurse, etc.
- 424 W. Broadway, Mesa, AZ 85210

Andre House of Arizona: 602-252-9023

- Meals, showers, blankets, clothing, lockers, etc.
- 213 S. 11th Ave., Phoenix, AZ 85009

Phoenix Rescue Mission: 602-233-3000

- Showers and meals
- 1801 S. 35th Ave., Phoenix, AZ 85009

St. Vincent De Paul: 602-261-6883

- Meals, showers, and clothing
- 420 W. Watkins Rd., Phoenix, AZ 85003

First United Methodist Church: 480-967-3376

- Showers, clothing, meals
- Monday through Friday, 6 am - 10 am

Chaneni House: 480-945-6346

- Basic needs, clothing
- Specific days only
- 3315 N. 70th St., Scottsdale, AZ, 85251

Rio Vista Center: 602-243-1866

- Emergency food boxes (TEFAP)
- Farmers markets
- Clothing
- Job center
- SNAP services (apply for food stamps)
- Community Garden
- **New Life Pregnancy Center**



Additional Resources from Dignity Health (cont.)

[ID, Birth Certificate, Document Storage, Etc.](#)

Homeless ID Project: 602-223-3427

- 206 S. 12th Ave., Phoenix, AZ 85007

Social Security Office Locator

- Find your local Social Security Office direct phone number and fax number

Social Security - Online Account Registration

- Register for your personal account to check your Social Security record and benefits

[Jobs](#)

Allied Forces - Temp Services: 480-429-8080

Goodwill Career Center - Phoenix: 602-535-4444

Vista One Stop Career Center: 480-312-0058

St. Joseph the Worker: 602-417-9854

Arizona Women's Education and Employment: 602-601-7200

Arizona @ Work

[Community Information and Referral](#)

Find Help Phoenix

[Food Banks and Food Boxes](#)

St. Stephen's Episcopal Church - Phoenix: 602-840-0437

Shepherd's Warehouse - Tempe: 480-945-5250

Tempe Community Action Agency: 480-422-8922