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#### **Arizona COVID-19 cases**

The Arizona Department of Health Services has reported 306,868 positive COVID-19 cases and 194,410 cases in Maricopa County as of Nov. 24, 2020. Out of the 2,497,904 COVID-19 tests completed to date in Arizona, 9.9% have tested positive for the virus. Percent positive is the number of people with a positive test result, out of all the people COVID-19 tested completed in Arizona.

In Maricopa County, 15,365 patients (8%) have been admitted to a hospital and 1,570 (1%) admitted to an ICU since the county began collecting data on Jan. 22.

### **COVID-19 community spread continues**

Hospitalizations related to COVID continues to increase across the state. Community spread is an issue leading to employees needing to quarantine. Please remember to wear masks and face shields (eye protection) in all patient rooms and encounters, as well as protect yourselves outside the hospital.

Our hospitals have the capacity to treat patients needing medical care, and we continue to monitor patient census and supply every day. The number of patients in-house fluctuates daily, and our monitoring helps us make adjustments as needed, consistent with the guidance from public health officials and the CDC.

We commend our team of health care professionals who are working valiantly to ensure our preparedness as we continue caring for our community.

### **Holidays and COVID**

Please consider how your holiday plans can be modified in accordance with CDC recommendations to reduce the spread of COVID-19 and take the necessary steps to make celebrations safer to protect yourself, your loved ones, and work team members.

During this holiday season, consistent with CDC guidelines, we encourage you to avoid higher risk activities. The more people you interact with at gatherings and the longer the interaction lasts, the higher the potential risk of becoming infected with or spreading COVID-19. Please avoid attending large indoor gatherings with people outside your household, holiday shopping in crowded stores, singing or shouting near others without a mask (especially indoors), or any potential higher risk activity where it is difficult to remain at least 6 feet apart. Always wear a face mask to protect yourself.

# **Employee Health Hotline hours during Thanksgiving holiday**

Holiday Hours for the Abrazo Employee Health hotline are as follows:

- 11/25/2020....0800am 3:00pm
- 11/26/2020... Closed
- 11/27/2020....0800am 3:00pm
- 11/28/2020....0800am 3:00pm
- 11/29/2020....0800am 3:00pm

Appointments for testing are limited, please call 602-246-5597.

## Travel Reduction Survey - your help needed!

We have less than two weeks left to take the TRP Annual Survey. Our goal is to have 100% participation and we need your help by Nov. 30! It takes only about a minute to complete – please click on the code in Blue to submit your survey: <u>VANHES-1-20</u>

You can enter a drawing for a \$25 gift card just by participating – the survey code is active until Nov. 30. At the end of your survey, write down your Confirmation number found in the web address (see example) and turn in/email to HR to be entered into a drawing for 1 of 2 \$25 gift cards.



### Wellbeing resources on Abrazo intranet



The Intranet home page now includes a link to a downloadable "Abrazo Wellbeing Resources" brochure. The booklet offers numerous resources for stress and anxiety management, dealing with grief and loss, suicide prevention and more. Log into the Intranet then click on the icon on the home page to access the brochure.