



# 2026 Esophageal Symposium

February 6-7, 2026 | Phoenix, Arizona

## Course Directors

Sumeet Mittal, MD  
Savio Reddymasu, MD  
Subhash Chandra, MD

## Faculty

Ross Bremner, MD, PhD  
Keng-Yu Chuang, MD  
Ananya Das, MD  
Steve DeMeester, MD  
Prasad Iyer, MD  
Allon Kahn, MD  
Rakesh Nanda, MD  
Lara Schaheen, MD

VK Sharma, MD  
Amar Thosani, MD  
Marcelo Vela, MD

## Hands-on Courses | Friday, February 6, 2026

### Manometry and EndoFLIP

St. Joseph's Hospital and Medical Center - Sim Center, 2nd floor

- HRM 101: a user's guide
- Step-by-step analysis of HRM
- Common manometric patterns
- Endoflip 101: a user's guide
- The Dallas Consensus
- Tailoring Intervention using EndoFLIP

### Endoscopy

using ex-vivo silicone model  
Barrow Research Laboratory

- Stenting
- Balloon and Savary dilation
- Radiofrequency ablation
- Cryoablation
- Endoscopic mucosal resection
- Transoral Incisionless Fundoplication (TIF)

## CME Credits: 13

In support of improving patient care, this activity has been planned and implemented by Creighton University Health Sciences Continuing Education (HSCE) and CommonSpirit Health. Creighton University Health Sciences Continuing Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME), the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.



For more information & to register please click [here](#) or scan the QR.



## 7:20 - 8:00 a.m. Breakfast and Registration

Registration and Visit Exhibitors  
Welcome

*Sumeet Mittal, MD*

## 8:00 - 9:45 a.m. Session I Barrett's Esophagus in 2026

**Moderators: Steve DeMeester, MD  
& VK Sharma, MD**

History and genesis of Barrett's Esophagus  
*Ross Bremner, MD, PhD*

Prognosticating Barrett's Esophagus:  
Advances and Novel Technologies  
*Anaya Das, MD*

When and how to intervene for Barrett's  
Esophagus?  
*Prasad Iyer, MD*

Goals and follow-up after Barrett's Esophagus  
eradication  
*Allon Kahn, MD*

*Discussion - All Speakers*

**Coffee Break - Visit Exhibits**

## 10:20 a.m. - 12:00 p.m. Session II GERD in 2026

**Moderators: Ross Bremner, MD  
& Marcelo Vela, MD**

Medical Management of GERD in 2026  
*Virender K. Sharma, MD*

TIF: Technique, Rationale and Outcomes  
*Amar Thosani, MD*

Fundoplication: Technique, Rationale and  
Outcomes  
*Sumeet Mittal, MD*

Surgical Management of GERD in 2026  
*Steve DeMeester, MD*

*Discussion - All Speakers*

**Sponsored Speaker Lunch - Visit Exhibits**

## 1:00 - 2:40 p.m. Session III Let's Talk About Dysphagia (after lunch)!

**Moderators: Amar Thosani, MD  
& Sumeet Mittal, MD**

Dysphagia: A Practical Approach  
*Rakesh Nanda, MD*

EGJ Outflow Disorders: Perspectives on Achalasia  
and EGJOO  
*Marcelo Vela, MD*

POEM for Achalasia: Efficacy and long-term  
outcomes  
*Subhash Chandra, MD*

Heller Myotomy with Fundoplication:  
It's just better!  
*Lara Schaheen, MD*

*Discussion - All Speakers*

**Coffee Break - Visit Exhibits**

## 3:10 - 5:00 p.m. Session IV The Foregut Potpourri

**Moderators: Marcelo Vela, MD  
& Lara Schaheen, MD**

Advances in Gastroparesis  
*Savio Reddymasu, MD*

Who, When, and Why Evolving Indications  
for Hernia Repair  
*Steve DeMeester, MD*

Dissatisfied Fundoplication Patient:  
A holistic approach  
*Sumeet Mittal, MD*

Managing GERD in the Real World:  
A community GI perspective  
*Keng-Yu Chuang, MD*

*Discussion - All Speakers*

**Adjourn**  
*Savio Reddymasu, MD*